

**FOR CLINIC USE ONLY**

- 2801 New Hartford Road, Owensboro, KY 42303 (270) 683-3720
- 421 7th Street, Tell City, IN 47586 (812) 547-7448
- 420 Hopkinsville Street, Greenville, KY 42345 (270) 377-2440
- 910 Wallace Avenue, Suite 206, Leitchfield, KY 42345 (270) 259-3035

We look forward to providing surgical and/or diagnostic care to you. Should it become necessary to reschedule your procedure please provide at least 72 hours advance notice.

Prior to your surgery you will need:  Lab Work  Chest X-ray  EKG  Pre op anesthesia consult

Please do not eat, or drink, past midnight the evening before your lab work.

Owensboro Health Regional Hospital (Pre-Admission Testing) \_\_\_\_\_.

Owensboro Health Muhlenberg Community Hospital Pre Admission on \_\_\_\_\_ at \_\_\_\_\_.

Outpatient registration is to the immediate left.

Owensboro Health Twin Lakes Medical Center Pre Admission on \_\_\_\_\_ at \_\_\_\_\_.

Owensboro Health Surgical Specialists Post-Operative on \_\_\_\_\_ at \_\_\_\_\_.

- NOTE: BLOOD THINNER**  Stop Taking \_\_\_\_\_ Last Dose \_\_\_\_\_  
 Do Not Stop Taking \_\_\_\_\_

The **day** of your surgery or procedure: Nothing to drink after finishing dose 2.

**Bring someone with you to drive you home.**

**Your surgery/procedure is scheduled at:**

- Owensboro Health Regional Hospital (OHRH)** \_\_\_\_\_ Check in at \_\_\_\_\_ Surgery at \_\_\_\_\_.  
*Located at 1201 Pleasant Valley Road.*  
On the day of your surgery go to:
  - Outpatient** Directions: *Enter OHRH Entrance A (valet parking) and take visitor elevators on your right to the 2nd floor. When exiting the elevators, turn right and check in at the surgery waiting desk.*
- Breckenridge Breast & Diagnostic Center** \_\_\_\_\_ Check in at \_\_\_\_\_ Surgery at \_\_\_\_\_.  
*Located at 1000 Breckenridge Street, in the first office on the left on the first floor of the building.*
- Owensboro Surgery Center** \_\_\_\_\_ Check in at \_\_\_\_\_ Surgery at \_\_\_\_\_.  
*Located at 1000 Breckenridge Street inside Breckenridge Medical Plaza.*
- Perry County Memorial Hospital** \_\_\_\_\_ Check in at \_\_\_\_\_ Surgery at \_\_\_\_\_.  
*Located at 8885 State Rd. 237. Enter through main entrance and check in at admitting desk located in the front lobby.*
- Deaconess Henderson Hospital** \_\_\_\_\_ Check in at \_\_\_\_\_ Surgery at \_\_\_\_\_.  
*Located at 1305 N. Elm Street, Henderson, KY Enter through main entrance and to admissions on the right*
- Owensboro Health Muhlenberg Community Hospital** \_\_\_\_\_ Check in at \_\_\_\_\_ Surgery at \_\_\_\_\_.  
*440 Hopkinsville Street, Greenville, KY Stop at OP registration in the Main Lobby of the hospital to check in on the day of surgery unless before 6:30 am-if before 6:30 am proceed on to the OP surgery floor*
- Owensboro Health Twin Lakes Medical Center** \_\_\_\_\_ Check in at \_\_\_\_\_ Surgery at \_\_\_\_\_.  
*Located at 910 Wallace Avenue, Leitchfield, KY Enter through the outpatient surgery center (Thomas Ambulatory Surgery Center) behind the hospital*

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## SUTAB Bowel Prep

You will need to take laxative pills to clean your colon. A prescription for SUTAB has been electronically submitted to your pharmacy.

### **FOLLOW THESE INSTRUCTIONS NOT INSTRUCTIONS ON BOX.**

It is important that you consume only clear liquids the day **BEFORE** your colonoscopy.

#### **Two days before your colonoscopy:**

If you tend to be constipated, or sometimes need a laxative, take 4 Dulcolax Laxative tablets at 8 PM.

#### **One day before your colonoscopy:**

No solid food - Clear liquids only for breakfast, lunch & dinner. Please make an effort to drink clear liquids throughout the day.

#### **Clear Liquid Diet List - Do not eat or drink anything colored red or purple**

- Beverages: Gatorade, Kool-Aid, Strained fruit juices without pulp – apple, white grape, orange, lemonade, Water, tea or coffee (no milk, non-dairy creamer, or lemon)
- Broths: Chicken/beef bouillon or vegetable broth
- Desserts: Hard candies, Jell-O (lemon, lime or orange; no fruit or toppings) Popsicle (no sherbet or fruit bars)

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## SUTAB Prep

### Swallow the 12 tablets with the first 16 ounces of water 7:00 p.m. Day Before Procedure

The day before your colonoscopy, open the first bottle of 12 tablets and take SUTAB as described below.



**STEP 1** Open 1 bottle of 12 tablets.

**STEP 2** Fill the provided container with 16 ounces of water (up to the fill line). **Swallow 1 tablet every 1 to 2 minutes. You should finish the 12 tablets and the entire 16 ounces of water within 20 minutes.**



**Important:** If you experience preparation-related symptoms (for example, nausea, bloating, or cramping), pause or slow the rate of drinking the additional water until your symptoms diminish.

### Drink the additional two 16 ounces of water

**STEP 3** Approximately **1 hour** after the last tablet is ingested, fill the provided container again with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.



**STEP 4** Approximately **30 minutes** after finishing the second container of water, fill the provided container with 16 ounces of water (up to fill line), and drink the entire amount over 30 minutes.



### Swallow the other 12 tablets with another 16 ounces of water 6 Hours Before Procedure

The day of your colonoscopy open the second bottle of 12 tablets and take SUTAB as described below.



**STEP 1** Open 1 bottle of 12 tablets.

**STEP 2** Fill the provided container with 16 ounces of water (up to the fill line). **Swallow 1 tablet every 1 to 2 minutes. You should finish the 12 tablets and the entire 16 ounces of water within 20 minutes.**



**Important:** If you experience preparation-related symptoms (for example, nausea, bloating, or cramping), pause or slow the rate of drinking the additional water until your symptoms diminish.

### Drink the additional two 16 ounces of water

**STEP 3** Approximately **1 hour** after the last tablet is ingested, fill the provided container again with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.



**STEP 4** Approximately **30 minutes** after finishing the second container of water, fill the provided container with 16 ounces of water (up to fill line), and drink the entire amount over 30 minutes.

