



Procedure: Esophageal Manometry

PREP INSTRUCTIONS TO PREPARE FOR YOUR MANOMETRY:

- DO NOT EAT OR DRINK **ANYTHING** SIX HOURS BEFORE YOUR TEST
TIME TO STOP EATING & DRINKING _____ am/pm
- ONLY TAKE MEDICATIONS THAT NEED TO BE TAKEN REGULARLY. TAKE WITH ONLY A SIP OF WATER
- IF YOU HAVE DIABETIES, PLEASE CHECK WITH YOUR TREATING PROVIDER ABOUT HOW MUCH MEDICINE YOU SHOULD TAKE WHILE FASTING
- TO NOT AFFECT THE MUSCLES OF YOUR ESOPHAGUS, PLEASE REFRAIN FROM TAKING THE FOLLOWING MEDICATIONS THE MORNING OF THE PROCEDURE:
 - PAIN MEDICATIONS
 - SEDATIVES
 - TRANQUILIZERS
 - ANTISPASMODICS
 - PROMOTILITY

DAY OF PROCEDURE

Please arrive 15 minutes prior to your scheduled procedure time. You **do not** need someone to drive you because you will not be receiving anesthesia for this procedure.

Enter the hospital through parking lot A. Take the elevators in the front entrance of the hospital to the 2nd floor, then turn right. Follow the signs to Surgery Check In.

The procedure takes approximately 1 hour.

Please wait at least 10 days for your results

For questions, call 270-417-7800