

# ACTING QUICKLY CAN SAVE LIVES FROM SEPSIS



SEPSIS IS YOUR BODY'S LIFE-THREATENING RESPONSE TO AN INFECTION AND IS A MEDICAL EMERGENCY.

IF YOU DEVELOP A **COMBINATION** OF THESE SYMPTOMS\*:

- S** Shivering, fever, or very cold.
- E** Extreme pain or general discomfort ("worst ever").
- P** Pale or discolored skin.
- S** Sleepy, difficult to rouse, confused.
- I** "I feel like I might die."
- S** Short of breath.

**DON'T WAIT TO SEEK HELP.**  
Talk to a medical professional immediately and say, "I'm concerned about sepsis."

\* Particularly if you recently had an open wound (cut, scrape, bug bite, etc.), surgery, some type of invasive procedure, or infection.

Get involved and join the fight at [sepsis.org](http://sepsis.org)



**SEPSIS ALLIANCE**

*Suspect Sepsis. Save Lives.*

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